



# Fresh Starts Canteen Menu



## Munch Crunch N Sip

### \$1 Options:

Popcorn  
Noodles  
Quelch Stick

\$1.20 Rice Sticks

### \$1.50 Options:

Homemade Fresh Muffins  
Frozen 200ml Juice Cup  
Ice Mony  
350ml Water

\$1.80 100% Juice Poppers

### \$2 Options:

Sea Salt Red Rock Deli Chips  
Paddlepop  
600ml Water

\$3 Oak Flavoured Milk  
(Strawberry, Chocolate, Banana)

*If Ice treats are ordered for lunches, these need to be collected from the canteen.*

## Over the Counter Items Only

### \$1.50 Options:

Homemade Pasta Pots with Napolitana Sauce  
Homemade Garlic Bread

### \$2 Options:

Pizza Buns  
Pesto Penne Cup

\$2.50 Dried Fruit Mix



*Other items may be available as specials.*

## Healthy Kids Reward Program

Simply Purchase a piece of fruit or healthy sandwich to receive a Fresh Start Rewards Card.

After the 5<sup>th</sup> Purchase, your 6<sup>th</sup> Purchase of the previous Five is **FREE!**

Encourage your kids to make healthy choices.

# Go Green in the Canteen!

## Healthy Meal Deals

*Simply choose one item from columns 1, 2 and 3 below as your lunch meal combo*

**for \$6.50**

1

Spaghetti Bolognese  
Creamy Curry Chicken & Pasta  
Stir Fry Chicken & Vegetables  
Salad Wrap  
Garden Salad

2

Fruit  
Yoghurt

3

Popper  
Water

*Add a Flavoured Oak Milk for \$1 extra instead of a Popper or Water*



Visit our Website for more information:  
<https://www.freshstartcanteens.com/>